Subject for Sublimation

A man's an enigma, Lord: You filled him with many strengths. You also gave him gentleness and You filled him with many fears.

He sees male animals fight for the choicest food, females, territory. He sees the fittest win and breed their strength into their progeny. And he says, "This is nature's way."

He looks at his own strong arm.

It can curve inward to hold,
comfort, protect
a wife, a child, a neighbor.

And he knows its latent force
can lash out,
spring-loaded like a lethal machine.

He looks in his dynamic brain and sees
its circuitry can produce marvels
surpassing his bone and sinew artistry.

He looks at all he is and doesn't know the sum. Is he shield or threat? Sometimes the shield must fight to be a shield. But whether turning the cheek or raising the whip as Christ once did, a man can't hide. Or even turn his back while he struggles to learn himself and perfect a guarded goodness.

One pure truth is: only God can help him.