STATE PARK

I could almost believe I died back there on the hewn cedar bench where irate birds squawked overhead and an old man in a railroad cap muttered women's names in his sleep.

October leaves drop, browned warps bypassing primary colors. Other hikers don't speak. My presence here is not convincing. Cold and wind move through me without slowing. The earth doesn't accept my footprints, even unbeaten paths ignore my weight as dull sky denies me a shadow.

I slam into every cliche, a slalom novice, knocking over all the flags.

A different nature preserve might be better, one less local, one with fancy facilities— like a wide river with painted boats to cross it, not a pinched needy creek, little more than tears tracking south on a made—up face.

I see my feet. My hands dangle from coat sleeves. I propel clothing along. Abstractions swirling in my head approach the park gate. The exit gets closer. But I'm losing me with every step, scattering my humus on the trail as I walk, detritus of too many falls, all the good leached out, dirt-colored, no hint of what it was. Not quite dust.